

Abbey Bakery Altar Breads

**Creamy White
Small Breads 1½” 2.9cm Diameter**

Code		Abbey Bakery Breads	Price
s	AB250	Bags of 250	£2.55
	AB300	Bags of 300	£3.06
	AB500	Bags of 500	£5.10
k	AB1000	Bags of 1000	£10.00

Large Breads 2¾” 7cm Diameter

Code		Abbey Bakery Breads	Price
l	AB15	Bags of 15	£1.35
	AB20	Bags of 20	£1.80
	AB25	Bags of 25	£2.25

Concelebration Breads 5½” 14cm Diameter

Code		Abbey Bakery Breads	Price
c	ABC	Individually Packed	32p each

Abbey Bakery
Altar Breads made by the
Monastic community of
Cistercian Nuns in Wales
Baking since 1991

Sealed Edges with a Single Cross

Small White Breads 1½” 2.9cm Diameter

Code	Sealed Edge Breads	Price
a	White, bags of 250	£3.00
b	White, bags of 500	£5.60
d	White, box of 10 x 100 rolls	£10.55
e	White, one roll of 100	£1.15
f	White, container of 1000	£10.65

Small Wholemeal Breads 1½” 2.9cm Diameter

Code	Sealed Edge Breads	Price
j5	Wholemeal, bags of 500	£5.60
jk	Wholemeal, container of 1000	£10.65

White Breads 1¾” 3.5cm Diameter

Code	Sealed Edge Breads	Price
n	White, box of 10 x 100 rolls	£13.00
w	White, one roll of 100	£1.40

Sealed Edges with a Single Cross

Large Breads 2¾” 7cm Diameter

Code	Sealed Edge Breads	Price
q	White, box of 50	£3.80
t	Wholemeal, box of 50	£3.80

Concelebration Breads 5¾” 14.6cm Diameter scored for easy breaking into 24 pieces

Code	Sealed Edge Breads	Price
u	White, box of 25	£10.00
v	Wholemeal, box of 25	£10.00

Gluten Free
White 1” squares contain 100% wheat starch, water & 20 part per million of gluten

Code	Low Gluten Breads	Price
g	White, bags of 50	£6.30

Allergy Notice

All altar breads are nut free

In dry and airtight conditions altar breads stay fresh for over 1 year



About us

Holy Cross Abbey is the only house of women in the UK of the world wide Order of Cistercians of the Strict Observance also known as Trappists. The community was founded in Stapehill, Dorset in 1802 by refugees from the French Revolution. We downsized and moved to Wales in 1991.

The Abbey Bakery altar breads are made here at Holy Cross Abbey and posted to parishes, cathedrals, convents, residential homes, chaplaincies and schools all over the UK.

The altar breads we buy-in are made by the family run business Cavanagh Company in Rhode Island established in 1946 and F. A. Dumont are the UK distributors.

The Gluten Free altar breads are from Charles Farris Ltd in Wiltshire.

'As this broken bread, once dispersed over the hills, was brought together and became one loaf, so may thy Church be brought together from the ends of the earth into thy kingdom'
Didache

hcaaltarbread@gmail.com

☎ 01994 240725 Ext 1

Order Form

Existing Customer Number		
New & Existing Customers Name, Address and Telephone		
Code	Altar Bread	Quantity

**To order please telephone, post or email your order.
Please quote your customer number**

**Postage only is added to the invoice
All orders are posted second class
unless otherwise requested**

**Abbey Bakery, Holy Cross Abbey,
Velfrey Road, Whitland,
Pembrokeshire SA34 0QX**



Cistercian Nuns
Holy Cross Abbey
Velfrey Road, Whitland,
Pembrokeshire SA34 0QX

**Abbey Bakery
Baking since 1991**

**We are contemplative nuns and
the Abbey Bakery is our main
source of income**

**We bake, cut and pack altar
breads which are creamy white
with random crosses on one
side and plain on the other**

**We also sell sealed edge altar
breads with a single cross,
as well as gluten free square
altar breads**

Contact
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www.hcawhitland.co.uk