Holy Cross Abbey, Whitland 2020 News A Year of Faith, Hope and Charity







Sr Usia's Solemn Profession on the Feast of All Saints Who Followed The Rule of St Benedict

A Call Within The Call SSpS to OCSO



Friday 13th November 2020 at 11am Dom Joseph & Fr Mateusz of Mount St Bernard Abbey concelebrated Mass at Holy Cross Abbey where Sr Usia made her Solemn Profession. The ceremony was beautiful and simple, the festive lunch was very delicious, the whole day was wonderful. Due to the Coronavirus restrictions we were unable to invite Sr Usia's family from Poland or any friends, we hope when it is possible we will have a big celebration. Deo Gratias. Sr Usia entered SSpS Polish Province Prior to joining the Whitland community she spent seven years as a Missionary sister in Zambia.





Covid 19 Pandemic

Like everyone else our lives have changed due to the Pandemic, we have been called

to live by Faith, Hope and Charity.



We pray for our world, for the alleviation of suffering and for the end of the pandemic with adoration before and after Vespers. We finish Vespers with Pope Francis' Prayer to Mary during Coronavirus Pandemic.

We have lost 90% of our Altar Bread Income, which is the community's main source of income. The Abbey Bakery remains open for all altar bread business, email hcaaltarbreads@qmail.com.

We discussed what we could do to fill the income gap, by making savings as well as finding new ways of income generation. We have been selling plants at the gate and as it has been a good growing season, an increase in the amount of vegetables for sale. Selling more during the summer months also lead to an increase in sales of our jams and preserves. As this work well we have developed a 'Home Baking Range', of shortbread, deluxe flapjacks which we hope to sell on-line and now Christmas Puddings and Christmas Cards.



We have been blessed with many generous donations which was a real boost and a surprise. We thank each donor.

Shielding our vulnerable sisters was successful thank God.

The church remained and closed for five months. We carried out a risk assessment and put in the necessary measure to be Covid safe, and it was wonderful to open the church once more in August. A risk assessment was carried out for the guesthouse. We were only able to welcome a few visitors during September and October. We pray next year will be better and we can open the guest house once more after Easter.

Community Retreat with Dom Brendan Freeman 14-22 February2020

The retreat was excellent, exploring Cistercian Monastic Living, using a wide range of texts both old and new. A time of joy, renewal, relaxed good fellowship, and humour.

Farewell and Thank You

In August Jan & Julian moved to Bridgend to be nearer their family. We thank Jan & Julian for all their work, help, and friendship over the years. We are hoping when the restrictions allow we will celebrate with afternoon tea. We wish Jan & Julian a very happy retirement.

Obituaries

At Mount Saint Bernard Abbey this year two of our former chaplains died.



Fr John
Moakler our
chaplain 2001 –
2015. Abbot of
MSB 1982 –
2001. At our
Eucharistic
Services we are
hearing again Fr
John's homilies,

which are enriching. Fr John died 8th April 2020 May he rest in peace.

Fr Richard Adams. Our Chaplain from

1991 – 2001. Fr Richard died 22nd May 2020 at MSB May he rest in peace. Full obituaries



are on our website News page www.hcawhitland.co.uk

Congratulations

Sr Usia passed her driving test 6th March. In July Sr Usia successfully obtained Pre-settled status and in October after passing her 'Life in the UK Test' Sr Elsie now has Settled Status.

Farewell

Fr Michael Hart our part-time chaplain for four years retired in August and has moved to be nearer his relatives. We thank him for his ministry and friendship, he will be missed.

Sunday Masses

We are very grateful to visiting priests who have visited our guesthouse on retreat and have celebrated Mass. We thank Fr Liam & Fr Matt from Haverfordwest for the gift of Sunday Mass.

Welcome & Farewell

We welcome Sr Veronika staying to gain her health and farewell to Sarah, who we wish well in her new life.

Thank you

We give thanks to the Order's Economic Commission of Aid for the generous grant to help us to refit the Infirmary, for Sr Jean and Sr Elizabeth who moved into the infirmary.

We give thanks to Dave, Clem and Suzanne our part-time employees

We wish you all a very blessed, safe and healthy Christmas and 2021

Rich Homemade Christmas Puddings by the Sisters at Holy Cross Abbey

*** Price includes packaging and second class postage UK only ***

Large container Net weight: 840g



Single: £9.45 Pack of 2: £15.95

Small container Net weight: 430g



Single: £7.15 Pack of 2: £11.35 Pack of 3: £15.55

Container	Packing	Unit price	Quantity	Total
Large Net weight: 840g	Single	£9.45		
	Pack of 2	£15.95		
Small Net weight: 430g	Single	£7.15		
	Pack of 2	£11.35		
	Pack of 3	£15.55		

Grand Total

Please order by:

Returning this completed form with a crossed cheque payable to HOLY CROSS ABBEY: Holy Cross Abbey Walter 6224 Wales SA34 0QX



01994 240725 Ext 1 (altar breads answerphone)



Address:

Postcode:

www.hcawhitland.co.uk hcawhitlandshop@gmail.com



Day-time contact number:_____

Email:

Thank you very much.



Christmas Gifts designed and handmade by the Sisters at Holy Cross Abbey

*** Price includes packaging and second class postage UK only ***

Christmas Cards

Size: B6 12.5cm x 17.6cm. Pack of 10, supplied with white envelopes. Price: £4.99 per pack.







CX02



CX03







CX06

Advent Solemn O Antiphon Cards

Size: A6 10.5cm x 14.8cm. Set of 7 meditation. Price: £1.49 per set.



7 different O Antiphons of Cistercian Liturgy Series, in Latin, English translation on back. Please visit our website for details.

CA01

NS01



Hand Sewn Pocket Notebook

Softback, cloth cover. 36 blank sheets.

Size: 7cm x 10cm. Price: £1.99 each.





Code	(Pleas	(Please circle)		Quantity	Total
	Greeting* Language of Greeting**				
CX01	B/P/Q/R	E/E+W	£4.99		
CX02	B/P/Q/R	E/E+W	£4.99		
CX03	B/P/Q/R	E/E+W	£4.99		
CX04	B/P/Q/R	E/E+W	£4.99		
CX05	B/P/Q/R	E/E+W	£4.99		
CX06	B/P/Q/R	E/E+W	£4.99		
CA01	-	-	£1.49		
NS01	-	-	£1.99		
NS02	-	-	£1.99		
NS03	-	-	£1.99		

* Greeting: (B) Blank / (P) Happy Christmas / (Q) Peace and joy to you this Christmas / (R) Wishing you peace and joy at Christmas
** Language of Greeting: (E) English / (E+W) English and Welsh

Grand Total

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Day-time contact number:____

Thank you very much.



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